



# ICE TIMES

VOICE OF AMATEUR HOCKEY IN ONTARIO



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Vol. 23 No. 1

MARCH 2012

8 pages



## Toronto Marlboros Peewee AAA Celebrate Gold Medal Victory

With a perfect 5-0 record, the Toronto Marlboros of the Greater Toronto Hockey League returned home as the undisputed champions defeating the London Jr. Knights 2-0 in an exciting gold medal game.

Ottawa Valley Silver Seven faced the Brampton Battalion in the bronze medal game winning 4-3 to capture the title.

The 4-day tournament event was held in Midland, Ontario and included a total of 8 competing teams from across the province including representation from the OMHA, NOHA, ODMHA, ALLIANCE, HNO and GTHL.

GTHL	Toronto Marlboros—GOLD
ALLIANCE	London Jr. Knights—SILVER
ODMHA	Ottawa Silver Seven—BRONZE
OMHA	Brampton Battalion—4th Place
OMHA	Oakville Rangers
NOHA	Nickel City Sons
OMHA	Peterborough Petes
HNO	Thunder Bay Kings

The male hockey event hosted 190 participants including athletes, team officials and major officials. All games were played at the North Simcoe Sports & Recreation Centre in Midland.

The Ontario Games Program began in 1970 as a showcase for amateur sport and is the province's largest multi-sport event and is held every two years in even-numbered years. The objective of the Games is to provide a key high perform-

ance competition platform for the best athletes within a specified stage of the Long Term Development model.

This tournament provides young athletes with competitive opportunities and is an integral component of athlete development in Ontario.



Toronto Marlboros gather on-ice to celebrate their victory



Scott Thornton, 2012 OWG Honourary Co-Chair  
 (Left) John Gardner, GTHL President  
 and Wayne Salatino, HDCO President

**VISIT THE HDCO SHOP ONLINE RESOURCE CENTRE FOR ALL YOUR HOCKEY COACHING, SKILL DEVELOPMENT, TRAINING, OFFICIATING, ADMINISTRATION and SAFETY & RISK MANAGEMENT MATERIALS—HUNDREDS OF BOOKS, MANUALS, VIDEOS, AND COACHING & TRAINING AIDS AVAILABLE**



**"WE BRING GOOD THINGS TO ICE" @ [www.hdco.on.ca](http://www.hdco.on.ca)**



## EDITOR'S NOTE

The HDCO would like to hear any feedback you have regarding this publication. This newsletter was developed for the amateur hockey enthusiast in Ontario and we enjoy receiving your comments and suggestions. Please send any remarks to: Hockey Development Centre for Ontario, 3 Concorde Gate, Suite 312, Toronto, Ontario M3C 3N7 or email us at [hockey@hdco.on.ca](mailto:hockey@hdco.on.ca)

The HDCO offers a wide variety of programs and services that people at the local hockey level probably are not familiar with. The following is an outline of many of these programs and services:

### Funding Support:

All funding support received for amateur hockey in Ontario from the Ministry of Tourism, Culture and Sport (MTC&S) is channeled through the HDCO to its respective member organizations.

### Under 17 Program:

The HDCO plays a coordinating role in this elite talent identification program for 16-year old male players. The objective of the program is to provide a positive competitive experience to eligible players with the ultimate goal of selecting a provincial team that represents Ontario at selected national and international competitions.

### Hockey Trainers Certification Program:

The HDCO is the coordinating body for the HTCP program in Ontario. Each year, approximately 9,000 trainers are certified through the HTCP. Courses can be taken online or in a live classroom setting.

### Penalty Free Sweepstakes:

The HDCO has been the coordinating and administrative centre for the highly successful Penalty Free Sweepstakes. The contest is held annually and is open to any amateur hockey team in Ontario who plays a penalty free hockey game during the contest period.

**Resource Centre:** The HDCO operates one of the most extensive Resource Centers in North America for technical hockey information. Hundreds of videos/DVDs, manuals, drill books and coaching aids are available. Products can be purchased at our office or online.

### Other Safety Initiatives:

The HDCO Plays a vital role in safety and risk management issues that face amateur hockey. Providing a safe environment for all hockey participants to play is a cornerstone of the future of our game.

**FOR MORE INFORMATION  
VISIT OUR WEBSITE AT  
[www.hdco.on.ca](http://www.hdco.on.ca)**

# ICE TIMES

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Wayne Dillon

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### ASSOCIATE MEMBERS



**OSHA**—Ontario Sledge Hockey Association  
[www.ontariosledge.com](http://www.ontariosledge.com)



**HHOF**—Hockey Hall of Fame  
[www.hhof.com](http://www.hhof.com)

### MEMBERS OF THE HOCKEY DEVELOPMENT CENTRE FOR ONTARIO



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[www.alliancehockey.com](http://www.alliancehockey.com)



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5155 Spectrum Way, Building 3  
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[www.owha.on.ca](http://www.owha.on.ca)



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1247 Kilborn Place, Suite 300  
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Tel: 613 224-7686  
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**ODMHA**—Ottawa District Minor Hockey Assn  
1247 Kilborn Place, Suite 300  
Ottawa, Ontario  
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[www.odmha.on.ca](http://www.odmha.on.ca)



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## Injury Prevention Guidelines

Today's volunteer hockey trainer plays an important role in the safety and well-being of a team. By implementing an injury prevention program, trainer's can have a significant impact in reducing the chances of accidental injury.

Due to the fast moving nature of the game of hockey and the inevitable contact of the player's body with the ice, boards, sticks or opponents, some injuries will still occur. It is not possible to eliminate all injuries, however, by careful planning, preparation and knowledgeable care of an injured player, risk of serious injury can be minimized. Prior to and during the season, the following injury prevention guidelines should be examined and referred to:

⇒ **Encourage proper physical conditioning and strength building. Particular attention should be paid to the following muscle groups: quadriceps, biceps, shoulders, chest and waist.**



⇒ **Be sure that equipment is adequate, properly fitted to the player and evaluated on a regular basis.**

⇒ **Know how to recognize minor injuries (e.g., strains, sprains, cuts) that can be complicated by continued participation and develop into more serious injuries.**

⇒ **Know the proper first aid procedures and have a well stocked first aid kit.**

⇒ **Ensure that following an injury, effective treatment is carried out and the athlete is properly rehabilitated before allowed to return to competition.**

⇒ **To minimize the risk of re-injury and maximize the effectiveness of the player, reconditioning should be undertaken.**

⇒ **Initial return to competition should be phased in using short shifts and graduated, controlled return to play. Gradual return to competition is of greatest importance where injuries to large muscle groups (e.g., upper legs) or joints of the body have occurred.**



### DR. TOM PASHBY PROVINCIAL TRAINER OF THE YEAR AWARD

We are pleased to take this opportunity to congratulate **Allan Marantz**, recipient of the 2011 Dr. Tom Pashby Provincial Trainer of the Year Award.

Allan was nominated by Hockey Northwestern Ontario (HNO) for his dedication as a volunteer in the Hockey Trainers Certification Program and in the HNO.

His extensive background in the treatment of injuries and his experience in this field has been a valuable asset as an HTCP instructor and athletic trainer for numerous sporting teams. Allan is also involved in the Program of Excellence camps and does not hesitate to get involved with other events.

Allan's professional experience involving health and safety coupled with his teaching skills, expertise and achievements makes him a most deserving recipient of this award.

This award honours those individuals who consistently demonstrate outstanding dedication and service in the areas of safety and risk management as well as a commitment to the values of

safety, enjoyment, fair play, education and integrity in the game of hockey through the Hockey Trainers Certification Program (HTCP) in the province of Ontario.

#### Regional award recipients include:

Mario Laino—NOHA

Steve Hughes —GTHL

Trish Allen—OMHA

John Sobey—ODHA



**Allan Marantz (right) accepts award from Wayne Salatino, HDCO Chairman and HNO Past President**



## Team Ontario U17 2012 World Hockey Challenge Bronze Medalists

**T**eam Ontario emerged from the 2012 World U17 Hockey Challenge with an bronze medal win defeating Team Sweden by a score of 5-2.

Max Domi scored twice with Bo Horvat, Jordan Subban and Nick Baptiste adding singles to secure Ontario's medal placement for the fifth straight time at the tournament.

Russia defeated the United States 7-4 capturing the gold medal for the first time since 2000.

The World U17 Hockey Challenge brings together the top players in the world born in 1995 or later and is the first step in Hockey Canada's Program of Excellence.

A total of ten teams competed at the event and included contingents from Germany, Pacific (Alberta, British Columbia, Northwest Territories, Yukon), Sweden, West (Manitoba, Nunavut, Saskatchewan), Atlantic (New Brunswick, Newfoundland, Labrador, Nova Scotia, Prince Edward Island), Quebec, Russia, Czech Republic and the United States.

Ontario has appeared in each of the last five WHC gold medal games, taking top honours in 2011, 2009 and 2008.

Many players who compete at this tournament go on to represent Canada with the National Men's U18 team, National Junior Team and National Men's Team.

### TEAM ONTARIO 2011-2012 ROSTER

Name/Nom	P	Hometown	2011-12 Team
Jordan Dekort	G	Markham	Lasalle Vipers (GOJHL)
Spencer Martin	G	Oakville	Miss. Michael's Majors (OHL)
Darnell Nurse	D	Hamilton	Soo St. Marie Greyhounds(OHL)
Chris Bigras	D	Elmvale	Owen Sound Attack (OHL)
Jordan Subban	D	Rexdale	Belleville Bulls (OHL)
Aaron Ekblad	D	Belle River	Barrie Colts (OHL)
Trevor Murphy	D	Windsor	Peterborough Petes (OHL)
Alex Yuill	D	Wellington	Barrie Colts (OHL)
Adam Bateman	D	Caldeon	Windsor Spitfires (OHL)
Brandon Robinson	F	Pickering	Brampton Battalion (OHL)
Stephen Harper	F	Burlington	Erie Otters (OHL)
Bo Horvat	F	Rodney	London Knights (OHL)
Hunter Garlent	F	Thorold	Guelph Storm (OHL)
Nicholas Baptiste	F	Ottawa	Sudbury Wolves (OHL)
Jordan Maletta	F	St. Catherines	Windsor Spitfires (OHL)
Max Domi	F	Toronto	London Knights (OHL)
Ryan Kujawinski	F	Iroquois Falls	Sarnia Sting (OHL)
Brent Pedersen	F	Arthur	Kitchener Rangers (OHL)
Cole Cassels	F	Columbus, OH	Oshawa Generals (OHL)
Nicholas Ritchie	F	Orangeville	Peterborough Petes (OHL)
Stephen Nosad	F	Tottenham	Peterborough Petes (OHL)
Mitchell Dempsey	F	Cambridge	Plymouth Whalers (OHL)
Director of Operations		Barclay Branch	Belleville Bulls (OHL)
Head Coach		Troy Smith	Kitchener Rangers (OHL)
Assistant Coach		Roger Hunt	Oshawa Generals (OHL)
Assistant Coach		Wayne Clark	Peterborough Petes (OHL)
Head Trainer		Neil Hoch	Ottawa 67's (OHL)
Equipment Manager		Matt Sands	Belleville Bulls (OHL)



**Team Ontario celebrates bronze medal win at WFCU Centre in Windsor, Ontario**



## Gary Roberts Eat To Compete Challenge

The Ontario Minor Hockey Association [OMHA] teamed up with a famous NHL alumni and launched the Gary Roberts Eat To Compete Challenge, a contest to help OMHA players to develop better nutrition habits for a healthier approach to hockey and life.

The OMHA and Roberts launched the challenge at the Gary Roberts High Performance Centre at the Fitness Institute in North York, Ontario. The contest details are published in the March 2012 issue of Hometown Hockey Magazine, the OMHA's membership magazine, which is arriving at members' homes this week. Hometown Hockey goes out to 100,000 family households and is read by 340,000 players and families each issue.

The magazine is also available online [www.hometownhockey.com](http://www.hometownhockey.com) and the contest details online at [www.hometownhockey.com/garyroberts](http://www.hometownhockey.com/garyroberts).

OMHA players on participating teams will follow and track their healthy eating over a 10 week period starting on March 1st, earning points for their good eating and discipline. Players that earn a minimum of 500 points will have their names entered into a draw and there are three prizes: the grand prize winner will receive a prize for their entire team, including a day of education and training with the former NHLer at the Gary Roberts High Performance Centre at the Fitness Institute in North York, Ontario, and a nutrition seminar led by Roberts and Nature's Emporium. Their day at the centre will also be the subject of a feature in Hometown Hockey Magazine, and they'll walk away from the event wearing free OMHA gear.

Roberts, a graduate of the OMHA's Whitby Wildcats, had a great NHL career that almost ended at the age of the 30 when he suffered a broken neck. He turned to exercise and diet to heal and surprised many with a comeback that saw him play

another 12 years. He's now an expert in the areas of sports training and nutrition. Now he advises some NHL current stars including OMHA graduate Steven Stamkos on nutrition so they optimize what their body can do on the ice.

"Players want to compete hard on the ice to chase that NHL dream," Roberts said. "Healthy eating plays a huge role in

building a body that can compete harder and faster. There are foods that will give a player a natural edge to do more, both on the ice and in life."

To help players and their families put together a menu plan, Roberts and Hometown Hockey have published the Gary Roberts Grocery List and Recipe Book.



"We hope that players who take the initiative to participate in this competition will learn to develop a healthier lifestyle." said the OMHA President Joyce Junker. "We want all of our players to be healthy, and to enjoy playing the game of hockey their entire lives. We are confident that the lessons learned from this competition will benefit not only our players but also their families."

This contest is only open to players from teams that are in the OMHA. There are three team prizes in the contest. Grand prize winner and his or her team receive:

- An entire day at the Gary Roberts High Performance Centre located within the Fitness Institute in North York Ont.
- A seminar on nutrition led by Gary Roberts at Nature's Emporium
- A Question and Answer Session with Gary Roberts
- A workout with Gary and his nutritionists
- Including a dynamic Warmup, Workout and Cool-down
- Post workout meal prepared by Nature's Emporium
- Feature in a future OMHA Hometown Hockey Magazine
- Up to 2-shirts OMHA T-shirt

Second place prize includes:

- Autographed Leafs 7 GR jersey
- Nike Workout Package, with shorts, bag bottle and hat
- Nature's Emporium High Performance Nutritionishable health related snack and meal items

Third Place Prize includes:

- Autographed Leafs 7 GR jersey
- OMHA Hoodie



## Have Your Say à OMHA Player Movement Questionnaire

The objective of this survey is to obtain information that will help the Ontario Minor Hockey Association [OMHA] assess and review Regulation 3.5 iii that was introduced for the 2011-2012 season in the continued effort to identify opportunities for potential change that will enhance the minor hockey experience of all members.

### Take the Survey

<http://www.zoomerang.com/Survey/WEB22EPVZEJUZM>



## About the Ontario Minor Hockey Association

The Ontario Minor Hockey Association, founded in 1935, is the largest minor hockey association in the world and oversees a participant base of 300,000 consisting of players, coaches, trainers, officials, hockey volunteers and parents across the province.

The OMHA has 246 active member minor hockey associations and annually coordinates 45 leagues and approximately 600 development clinics throughout Ontario.

Current OMHA alumni playing in the NHL include 2012 all star game players Steven Stamkos [player-association] Markham, James Neal [Whitby], Corey Perry [Peterborough], Cody Hodgson [Markham], Brian Campbell [Strathroy], Dan Girardi [Welland], Brian Elliott [York Simcoe], and Tyler Seguin [Whitby].

**VISIT US AT [www.omha.net](http://www.omha.net)**

## ODHA Prepares to Host 2012 Under-17 Provincial Camp

The Ottawa District Hockey Association (ODHA) will host the 2012 Provincial Under-17 camp from July 3-8, 2012 in Cornwall, Ontario. The Under-17 camp will feature 84 of the top 16-year-old high performance male hockey players in the province from four OHF Member Partners (ALLIANCE, GTHL, NOHA, OMHA) as well as the Ottawa District Hockey Association (ODHA) and Hockey Northwestern Ontario (HNO).



The objective of the camp is to provide players with an intensive training opportunity, both on and off the ice. Players will be involved in high performance on-ice games and practice sessions, off-ice fitness, evaluations, and information sessions. Players that are invited to attend the provincial camp will be selected from the various regional camps held throughout the province during April and May. There is representation from each Branch (HNO, OHF, ODHA) in Ontario.

The provincial camp also provides an opportunity for Team Ontario coaching staff to interact and observe players in a high-intensity environment, which is an integral component in the evaluation process of identifying the 22 players who will ultimately be selected to represent Ontario at the 2013 Men's World Under-17 Hockey Challenge.

**Visit the ODHA website at: [www.odha.com](http://www.odha.com)**



## 2012 National Coaching Certification Program High Performance I & 2 Seminar

**July 3 - 8, 2012  
Cornwall, Ontario**

The NCCP High Performance I (formerly Advanced I) Seminar will be held July 3-8 in Cornwall at the Nav-Can facility. Ice sessions will be at Cornwall's Benson Centre Complex. This seminar will combine coaching education with an elite athlete development camp, the Team Ontario U-17 camp.

Candidates will be led by High Performance II coaching candidates who are already working with elite teams. **(For High Performance 2 Information Please Contact Corey McNabb @ Hockey Canada), [cmcnabb@hockeycanada.ca](mailto:cmcnabb@hockeycanada.ca)**

The High Performance I seminar will include professional speakers conducting sessions on topics such as: special teams, yearly plan, offensive/defensive individual tactics, offensive/defensive team play systems, goaltending and more. Candidates will have the opportunity to learn from and work with some of Canada's top coaches and hockey minds.

In addition to classroom lectures and groups tasks, selected candidates will plan and direct on-ice sessions as well as run team benches in games in conjunction with the Team Ontario U-17 coaching staff.

### **High Performance I Eligibility Criteria**

The NCCP High Performance I Seminar targets coaches with significant coaching experience who wish to pursue higher levels of coaching competitive athletes.

**Please note that space is limited to 16 candidates.**

**Applicants for High Performance I should meet the following criteria:**

- > Currently **head** coaches at the **Bantam AAA** or higher (Those who are not currently head coaches but have recent previous experience as head coaches at this level or higher may also be considered)

- > Coaches of Female athletes – must have a minimum three (3) years coaching experience at the Midget AA/AAA level or higher.
- > Members in good standing of the club/association/district/branch/league
- > Hold Development I certification (formerly Intermediate)
- > A proven record of excellence in coaching competitive Hockey.
- > A history of ethical coaching and player development
- > Work within the Hockey Canada structure in other leadership roles, e.g. instructor, mentor, facilitator, etc  
*Special situations will warrant consideration.*

**All candidates will be subject to selection by the ODHA HP I Selection Committee. The HP I has an extensive evaluation procedure that includes an in-season field evaluation. To successfully complete this component, coaches must serve in the 2012-13 season as the Head coach of a Bantam AAA team (male athletes) For female athletes, Midget AA/AAA) or higher.**

### **Application Process**

Complete the enclosed application form and submit with the requested documentation to Jeff Baker at [tc@odha.com](mailto:tc@odha.com) by **March 31, 2012.**

### **Program Costs**

NCCP High Performance I Level Delegate = **\$1100.00** (includes all materials, attendance, presentations, gift, and exam marking).

An additional cost of **\$200.00 will be charged for field evaluation** once exams have been passed.

Meals, accommodation, and travel information will be available once the candidate is accepted

### **Seminar Application and Fee Payment**

#### **Enclose:**

A **detailed** Coaching/Education Resume and two Letters of Reference from your Minor Hockey Association, Club, or Mentor.

The full seminar registration fee of \$1100.00 is due by application deadline – **March 31, 2012.**

Should you not be selected, your payment will be returned.

### **CANCELLATION/REFUND POLICY**

Upon acceptance into the 2012 HP I Program, your payment will be processed.

Refunds will be provided up until June 1, 2012. A cancellation fee of \$50 will apply.

Cancellation following June 1, 2012 will be subject to a \$500.00 cancellation fee.

**[CLICK HERE FOR APPLICATION FORM](#)**

# CONGRATULATIONS TO ALL 2012 PENALTY FREE SWEEPSTAKES WINNERS!

## HOCKEY HALL OF FAME PASSES

NOVICE 6 BLACK PENGUINS SCARBOROUGH NOVICE

## HOCKEY NEWS SUBSCRIPTION

6 9 @ @ 9 J = @ @ 9 ' @ C K 9 D G ' M S B I C E V L L E I @ @ M I D G E T  
HARROW MIDGET RAMS TEAM 2 HARROW MIDGET  
PLATER FINANCIAL SARNIA BANTAM  
CV 120 MISSISSAUGA JUVENILE  
KINGSTON CANADIANS KINGSTON PEEWEE

## KARSON MICROFLEECE ZIPS

D 9 9 K 9 9 ' 8 D G BALTIMORE PEEWEE

## KOBE PERFORMANCE HOODIES

MONTREAL CANADIENS CAMBRIDGE ATOM

## LASER QUEST TEAM PARTY

SPITFIRES BRAMPTON PEEWEE  
WATERLOO RAVENS PW A WATERLOO PEEWEE  
SOUTH HURON GIRLS EXETER NOVICE  
THUNDER OAKVILLE ATOM  
KANATA VIKINGS KANATA PEEWEE  
OAKRIDGES KINGS RICHMOND HILL TYKE  
WEST ROUGE PENGUINS TORONTO ATOM

## MCDONALD'S GREAT TASTE CARDS

DRYDEN PENGUINS DRYDEN PEEWEE  
K.L. AURICO GOLD DEVILS KIRKLAND LAKE ATOM  
ACTON TIRE STOP ACTON PEEWEE

## NHLPA PRIZE PACKAGE

PENETANG FLAMES LL PENETANG NOVICE

## OHL BRAMPTON BATTALION TICKETS

CALEDON HAWKS BOLTON PEEWEE

## OHL OSHAWA GENERALS TICKETS

ALBERT ST ATOMS WHITBY ATOM

## OHL SUDBURY WOLVES TICKETS

COPPER CLIFF MINOR ATOM SUDBURY ATOM

## OHL WINDSOR SPITFIRES TICKETS

GREEN GATORS TEAM 4 WINDSOR NOVICE

## OMHA PRIZE PACKAGE

ERIN #69 CALEDON BANTAM

## PIZZA PIZZA TEAM PARTY

ATOM TIMBER WOLVES WATERLOO ATOM  
STAR OF THE SEA REDWINGS ST. CATHARINES PEEWEE  
WHITE PANDAS OAKVILLE TYKE  
NMHA MIGHTY SENS B TEAM NEPEAN NOVICE  
ORLEANS BANTAM A1 ORLEANS BANTAM  
BLUE LASER TEAM BLUE #3 WINDSOR NOVICE  
MAGIC THUNDER BAY PEEWEE  
TEAM 8 GREY WINDSOR NOVICE  
NIAGARA NORTH STARS AAA ST. CATHARINES NOVICE  
NORTH STARS KITCHENER NOVICE  
BROCKVILLE JR BRAVES C2 BROCKVILLE NOVICE  
DOWN WITH WEBSTER WATERLOO BANTAM  
COLLINGWOOD BLACKHAWKS A COLLINGWOOD ATOM  
@ C K 9 D G ' G 9 B 5 H C F G PICKERING PEEWEE  
BRANTFORD SAINTS BRANTFORD NOVICE

## PLAYDIUM MISSISSAUGA PLAY CARDS

OAKVILLE SNIPERS OAKVILLE ATOM  
MISSISSAUGA TERRIERS M. PW AA MISSISSAUGA PEEWEE

## RJR SPORTS INC. BALL CAPS

BOLTON FLYERS TEAM #4 BOLTON  
SKILLS PLUS WATERLOO  
E.O. COBRAS EMBRUN  
RJR SPORTS INC. JERSEYS BANTAM  
ATOM  
PEEWEE

NOBLEKING LL #1  
TYKE 6-BLUE BULLDOGS  
HEARTS

KING CITY  
KESWICK  
OSHAWA  
TYKE  
TYKE  
TYKE

## RJR SPORTS INC. POLAR FLEECE HELMETS

KING SPORTSWEAR NORTH BAY  
C.A. BAILEY LEAMINGTON  
ATOM  
PEEWEE

## RJR SPORTS INC. TOQUES

LUCAN GREEN IRISH LONDON NOVICE

## RJR SPORTS INC. TRACKSUIT

ST. MARGARET STARS TORONTO MIDGET

## TORONTO MARLIES (AHL) TICKETS

EAST YORK BULLDOGS TORONTO PEEWEE  
KRCMAR WOODBRIDGE NOVICE

## VICEROY PAIL OF PUCKS

ESPANOLA #1 CDN TIRE EAGLES ESPANOLA NOVICE  
BEACH WEST BEACHBURG NOVICE  
MOUNT FOREST REP HOLSTEIN NOVICE  
EMO BOLT GIRLS EMO PEEWEE  
VALLEY HAWKS GLENCAIRN NOVICE  
NORTH END FLAMES THUNDER BAY ATOM

## VICEROY PRACTICE ICE

MIKMAK PUCKHOUNDS NEW LISKEARD ATOM  
ORO THUNDER TYKE 1 SHANTY BAY TYKE  
TEMISKAMING VET SERVICES HAILEYBURY PEEWEE

## WAYNE GRETZKY'S TEE-SHIRTS

QW BLUE/STEEN BRIGHTON BANTAM  
NELLIS CONSTRUCTION ACTON PEEWEE

## MESSIER PROJECT LEADERSHIP AWARD



NAME	HOMETOWN	AGE
BRANDON BRIDGMAN	BALTIMORE	13
JAKE BUTH	CALEDON	12
LIAM CLANCY	TORONTO	14
NOLAN HENRY	BRINSTON	9
MACKENZIE KERSTEN	TILLSONBURG	10
JAKE MOORES	OSHAWA	10
JACOB MOSS	SCARBOROUGH	11
MATTHEW RAY	THUNDER BAY	14
KAYLA ROY	INGERSOLL	14
MARK TENHAAF	LONDON	8
MATTHEW VAN WYLUCK	KINGSTON	8

For more information on the  
Penalty Free Sweepstakes  
program visit the HDCCO website at  
[www.hdco.on.ca](http://www.hdco.on.ca)

